

THE DESIGN JOURNAL



E-MAGAZINE

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Home Lighting, Subway
Tiles and Autumn Styling

INTERIO

Welcome to the May 2022 issue of The Design Journal, your monthly dose of interior design insight, news and inspiration.

As the days get shorter and the weather cools this Autumn, it is a great opportunity to cosy up at home and consider ways to make your home a healthier, happier and more enjoyable place to be.

This month is all about finessing lighting within your home, the renaissance of subway tiles and our top Autumn styling tips.

Enjoy reading and see you next month,

Melissa Lunardon and team





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Plan Your Home

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DID YOU KNOW?

THE AVERAGE AUSTRALIAN HOME
RENOVATION PROJECT COSTS
\$2000 TO \$3000 PER SQUARE METRE

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BRIGHT IDEAS FOR 2022



Home lighting consumes around 10% of the average household electricity budget. While individual light bulbs do not consume large amounts of electricity, the average Australian home contains 37 light bulbs, meaning well-designed lighting can save you money.

The days of choosing light bulbs by wattage are long gone. Today's modern bulbs produce the same amount of light using less electricity. The best way to choose a bulb is to look at how much light it produces, which is measured in lumens (lm). The higher the lumens, the brighter the bulb. Guides can be found on the Australian government's guide to

sustainable homes, yourhome.gov.au. The Your Home website recommends the following lumens based on a single light bulb being used to illuminate a room:

- 420lm - table lamp
- 800lm - small room
- 930lm - medium room
- 1300lm - large room or bright work area

Statement Piece

This glass pendant chandelier is a stunning piece of illuminated art that is notable for its distinct bubbles within a beautifully plated glass. This contemporary beauty spreads warm and comfortable lighting throughout the room with style and is best used in a series with each light being set at different heights - this will invite your audience into a dream that is filled with a surreal sea of light balls in the sky.



EXPERT ADVICE: BRIGHT IDEAS AT HOME

When selecting and styling your lighting, there are a few key points to keep in mind. Firstly, the colour temperature of globes is crucial. Cool white and natural light tends to work well in working areas such as the kitchen and laundry, while warm white soft lighting is ideal for bedrooms and living spaces. Secondly, think about your space and how you would like it lit. Pendants look beautiful but tend to direct light down.

Downlights provide great coverage for large spaces. Sometimes, in busy areas like the kitchen, a combination of both task and ambient lighting is perfect. Thirdly, when choosing a lamp, think about the scale of both the base and the shade. If your room is generally neutral and lacking colour, consider a bold statement with a feature light or statement lamp.



FIVE WAYS TO SUBWAY

The subway tile, known for its classic and timeless nature, has experienced a dramatic renaissance, but not in the way you would necessarily expect.

Current trends are challenging the white, clinical brick bond looks of the subway tile, catapulting it into a world of colour, exploring new depths in patterns and challenge the status quo in layouts,

Need some inspiration? Here are some different looks guaranteed to challenge the way you think about subway tiles in 2022.

CLICK HERE to visit the Melissa Lunardon website for more inspiration on how tiles (and more!) can help transform your home.



WAYS TO SUBWAY

Brick Bond

Brick bonding is simple and symmetrical. Options include a 45-degree stack, vertical and horizontal. This unique way of layering captures dimension and flow, and can easily revamp any space. Choosing a variety of different colours or mixing your finishes like satin and gloss with a bold coloured grout is daring and fun and a perfect way to change or accentuate your style.

Stacked

While simple, stacking subways still have many styling properties. A vertically stacked layout is perfect for making ceilings feel taller. A horizontal stack has the same principle, but with widening capabilities. Mix things up a little with a vertical or horizontal stacked alternating layout, which means you offset the rows. Creating a modern look, this layout is great for full tile walls or as a statement wall in the kitchen.

Cross-Hatch

This versatile pattern is a unique combination of horizontal and vertical stacking and is perfect for the geometrically brave! Though the tiles are simply layered at 90-degree angles, grout plays a huge role in transforming the cross-hatch layout into a beautiful feature or focal point.





WAYS TO SUBWAY (CONTINUED)

● Step Ladder

The step ladder pattern is like the herringbone, resembling dynamic movement and direction. “This unique layering option can make any space feel bigger and is a great statement piece,” said Rachel. “The step ladder is the perfect choice for a niche space in the bathroom – particularly the shower – but would also create a dynamic and vibrant kitchen splashback.”

● Herringbone

Whether it’s for a kitchen splashback or bathroom wall, a herringbone-patterned subway tile can turn a wall into a prominent feature that creates depth and theatre for the overall project. The herringbone lays the tiles at 45 degrees horizontally, creating the illusion of movement throughout the space. The shower wall pictured features a textured subway tile with grey grout layed Herringbone style with great effect.





"TAKE YOUR
TIME IN MAKING
YOUR HOME
YOUR HAVEN.
YOUR SOUL
DESERVES IT"

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COSY AUTUMN

CHANGE UP YOUR SEASONAL DECOR WITH THESE AUTUMN STYLING TIPS



Colour Palette

Autumn encompasses earthy and warm tones. Spruce up your interiors with colours such as rust, amber, mustard, brown, caramel, and deep greens. You can introduce colour through a variety of ways, such as artwork, accessories, florals, and soft furnishings. Or, go for rich colours like red, deep browns and tan across furniture, pillows and accessories. The trick is to not overdo it, rather work in small accents throughout your home.



Texture

Styling this season is all about layers. Think heavy coverlets and blankets on your bed, snuggly throws on your sofa, lots of plush cushions and warm rugs underfoot. You can also layer many textures together with materials such as velvet, wool, cashmere and flannel and thick natural linens, creating an inviting and cosy feel in your space.



Pattern

Expect lots of patterns in decoration trends; classics such as tweed and tartan are back with force, especially as many embrace the 'cottagecore' aesthetic. More classic patterns such as gingham and check are making a comeback. As well as florals with more moody, muted colourways in dark emeralds, navy and warm rust tones. Try broadening your horizons and incorporating more woodland motifs and leather.

Ambience

There's a number of ways you can represent autumn within. Lots of pumpkins and root vegetables displayed around the kitchen foster a feeling of abundance. Whilst pears in a bowl, jars of nuts and herb cuttings displayed in urns or vessels on your counters, and beautiful vases of greenery also set the natural fall mood. This time of year is all about feeling cosy and being prepared.



Lighting

As the days get shorter and there's less natural light coming into your home, it's time to introduce some cosy, artificial lighting. As the light fades, use muted lighting with candles, and table and floor lamps to set the desired relaxed scene. Floor lamps and table lamps are seriously under-used and it isn't until you introduce them into your home that you realise how much more inviting this type of light is than downlights from the ceiling. And, of course, nothing exudes warmth and ambience quite like candle light.

Metallics

Adding metallic surfaces is a high-end way to introduce a cosy Autumn feel into your home and will really make your interiors sing this autumn. Warm metallics like brass and gold pair beautifully with refined muted pastels and earthy tones, creating a warm sophisticated look. Metallic light fixtures as well as sculptural lamps are also on trend. They draw attention to different zones within a space, have the ability to create functional zones and accentuate emotional impact in specific areas.

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Melissa Lunardon Interior Design is driven by a deep passion for design and style. The team work closely with clients to articulate a unique vision and a stylish point of view where personality, art, form and function co-exist.